

## FIRST DIVE SHEET

Baptism diving is a fulfilling experience, open to everyone aged eight and over, and completely safe.

No medical certificate is required.

Specialized medical advice may, however, be required for certain chronic or temporary health problems. These include, but are not limited to:

- Heart or kidney disease
- Respiratory (asthma, pneumothorax, etc.)
- Neurological (epilepsy...) or psychiatric, tetany...
- Diabetes, endocrine diseases...
- ENT problems (tympanic drains, blocked nose), eye problems.
- Pregnancy (not a disease!)
- Certain medications

**Of course, you don't have to tell us about your health concerns.**

Name: ..... First name : ..... Age : .....

Address : .....

Email : ..... @.....

Tél. : .....

I declare that I have read the above information.

Consequently, I confirm that I do not have any constitutional or acquired abnormality, or any illness contraindicating a scuba diving initiation.

I authorise / do not authorise SERENITE PLONGEE to use my image for communication purposes.

Signed at ....., on .....

Signature required (please write "Read and approved")